



Bachelor of Arts in Biblical Life and Leadership Coaching

Catalog Year 2026–2027 · 100% Online · *We don't teach what to think. We awaken truth and walk in love.*

120 TOTAL CREDITS	40 COURSES	3 CREDITS PER COURSE	VARK FOUR WAYS TO LEARN
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Program Overview

The Bachelor of Arts in Biblical Life and Leadership Coaching equips students to help people clarify their calling, set goals, and grow in life, leadership, and business. Students learn core coaching skills, practice life, leadership, mindset, and business coaching, and prepare to build a coaching practice.

How EACU Is Different

Students learn coaching by practicing it. Every model is examined from every side, weighing what Scripture says about purpose, calling, and growth alongside proven coaching methods, so graduates develop their own coaching approach rather than copying someone else's.

Every EACU degree walks students through the evidence from every side and asks them to reach, write, and defend their own conclusions, while remaining grounded in the foundation of truth. Students learn to distinguish what the biblical text states, what ancient and later traditions add, and what interpreters have concluded.

Required in every EACU degree: Biblical Interpretation (Rightly Dividing the Word), Biblical Finance and Stewardship, and Biblical Mindset and Mental Health. Every course is built with visual, auditory, reading and writing, and hands-on learning.

Please note: Coaching is distinct from counseling and therapy. Students learn the boundary between them and when to refer.

Program Outcomes

1. Apply core coaching skills of listening, questioning, and feedback.
2. Coach others in life, leadership, mindset, and business.
3. Integrate biblical purpose and calling into coaching.
4. Maintain ethical boundaries and refer when needed.
5. Launch and manage a coaching practice.

Where This Degree Can Lead

- Life, leadership, or business coach
- Ministry coaching program leader
- Mentor and personal development trainer
- Further study in the M.A. in Biblical Life and Leadership Coaching

Admission

A high school diploma or equivalent. See Admissions for full requirements.

General Education

36 credits

CODE	COURSE	CR	TERM COMPLETED
☐ ENGL 101	Composition I	3	
☐ ENGL 102	Composition and Research Writing	3	
☐ COMM 101	Speech Communication	3	
☐ MATH 110	Quantitative Reasoning	3	
☐ SCIE 110	Introduction to Natural Science	3	
☐ HIST 110	Ancient Civilizations of the Near East and Africa	3	
☐ HIST 210	African American Religious History	3	
☐ PSYC 101	Introduction to Psychology	3	
☐ SOCI 101	Introduction to Sociology	3	
☐ HUMN 110	Literature and Sacred Texts	3	
☐ PHIL 110	Critical Thinking and Logic	3	
☐ TECH 110	Digital Literacy and AI	3	

EACU Required Core

15 credits

CODE	COURSE	CR	TERM COMPLETED
☐ EACU 100	EACU Orientation: Learning to Think for Yourself	3	
☐ BIBL 101	Biblical Interpretation I: Rightly Dividing the Word	3	
☐ FINC 101	Biblical Finance and Stewardship I	3	
☐ MHLT 101	Biblical Mindset and Mental Health I	3	
☐ RELG 201	Comparative Religions and Worldviews	3	

Bible and Ancient Texts Core

15 credits

CODE	COURSE	CR	TERM COMPLETED
☐ BIBL 201	Old Testament Survey and Ethiopian Canon	3	
☐ BIBL 202	New Testament Survey, Canon Formation, and Christian Origins	3	
☐ BIBL 301	Biblical Interpretation II: Hebrew and Greek Tools	3	
☐ BIBL 302	Second Temple Literature: Enoch, Jubilees, and Maccabees	3	
☐ THEO 201	Theology Survey	3	

Suggested Sequence

Year 1 Orientation, Rightly Dividing the Word, General Education	Year 2 Bible and Ancient Texts Core, Finance, Mental Health, Comparative Religions	Year 3 Major courses and electives	Year 4 400-level courses and Capstone
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Major: Biblical Life and Leadership Coaching				30 credits
CODE	COURSE	CR	TERM COMPLETED	
☐ COAC 310	Foundations of Biblical Coaching	3		
☐ COAC 320	Coaching Skills: Listening, Questions, and Feedback	3		
☐ COAC 330	Life Coaching: Purpose, Calling, and Goals	3		
☐ COAC 340	Leadership Coaching	3		
☐ COAC 350	Mindset Coaching and the Renewed Mind	3		
☐ COAC 360	Business and Entrepreneurship Coaching	3		
☐ COAC 370	Relationship and Family Coaching	3		
☐ COAC 380	Coaching Ethics and the Coaching and Counseling Boundary	3		
☐ COAC 410	Building a Coaching Practice	3		
☐ COAC 420	Coaching Practicum	3		
Electives				21 credits
CODE	COURSE	CR	TERM COMPLETED	
☐ ELEC	Elective 1	3		
☐ ELEC	Elective 2	3		
☐ ELEC	Elective 3	3		
☐ ELEC	Elective 4	3		
☐ ELEC	Elective 5	3		
☐ ELEC	Elective 6	3		
☐ ELEC	Elective 7	3		
How to choose electives. Students select 7 courses with their academic advisor from the EACU Approved Elective List , updated each term. The list includes courses from every EACU major and courses taught by approved guest instructors. Up to 15 elective credits may be used toward a minor in another EACU field, and approved transfer credit may also count toward electives. Suggested: Kingdom Business, Kingdom Leadership, Mental Health, Holistic Health.				
Capstone				3 credits
CODE	COURSE	CR	TERM COMPLETED	
☐ COAC 490	Capstone Project	3		
Students complete supervised coaching hours and present a portfolio documenting their coaching model and client growth.				
Credit Summary				
General Education				36
EACU Required Core				15
Bible and Ancient Texts Core				15
Major				30
Electives				21
Capstone				3
Total Required				120