ENOCH ASCENSION CHRISTIAN UNIVERSITY · DEGREE COMPLETION PLAN

Doctor of Ministry in Biblical Mindset and Mental Health

Catalog Year 2026–2027 · 100% Online · *We don't teach what to think. We awaken truth and walk in love.*

36	12	3	VARK
CREDITS BEYOND THE MASTER'S	COURSES	CREDITS PER COURSE	FOUR WAYS TO LEARN

Program Overview

The Doctor of Ministry in Biblical Mindset and Mental Health is a professional doctorate for leaders addressing trauma, moral injury, and mental wellness in their communities. Students study research on faith and healing and learn to build and teach mental health ministries.

How EACU Is Different

EACU treats mental health as a place where Scripture, research, and lived experience must be heard together. Students examine anxiety, depression, trauma, and spiritual strongholds from every side, learn what the text states and what research shows, and learn when to walk alongside someone and when to refer.

At the doctoral level, EACU students become the ones who walk others through the evidence. Every course requires students to examine a question from every side, then build and defend their own position, and the doctoral project turns that work into something that can be taught, published, or put into practice.

> **Required in every EACU degree:** Biblical Interpretation (Rightly Dividing the Word), Biblical Finance and Stewardship, and Biblical Mindset and Mental Health. Every course is built with visual, auditory, reading and writing, and hands-on learning.

Please note: This degree prepares students for mental health education, support, and ministry. It does not lead to state licensure, professional certification, or clinical practice.

Program Outcomes

1. Evaluate research on faith, trauma, and healing.
2. Address moral injury through spiritual recovery.
3. Build sustainable mental health ministries.
4. Teach mental wellness in churches and the marketplace.
5. Design, conduct, and defend an original doctoral project.

Where This Degree Can Lead

- Director of a mental health ministry or center
- Trainer and consultant to churches
- Author and speaker on mental wellness
- Founder of a faith-based wellness organization

Admission

A completed master's degree. See Admissions for full requirements.

Career paths above are examples only; EACU does not provide job placement or promise employment (Handbook Section 12).

D.Min. in Biblical Mindset and Mental Health

Degree Completion Plan · Student: _____

EACU Required Core — 12 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	EACU 800	Doctoral Orientation and Research Methods	3	
☐	BIBL 801	Advanced Interpretation: Rightly Dividing the Word at the Doctoral Level	3	
☐	FINC 801	Organizational Stewardship and Ministry Finance	3	
☐	MHLT 801	Trauma, Forgiveness, and Healing	3	

Major: Biblical Mindset and Mental Health — 12 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	MHLT 810	Faith, Trauma, and Healing Research	3	
☐	MHLT 820	Moral Injury and Spiritual Recovery	3	
☐	MHLT 830	Building Mental Health Ministries	3	
☐	MHLT 840	Teaching Mental Wellness in the Church and Marketplace	3	

Research Sequence — 12 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	EACU 880	Literature Review and Research Proposal	3	
☐	EACU 885	Research Design and Ethics	3	
☐	EACU 890	Doctoral Project I	3	
☐	EACU 891	Doctoral Project II	3	

The Doctoral Project. Students identify a real problem in their ministry or field, review the literature, design and carry out a study or intervention, and present their findings in a written project defended before a faculty committee. The project may lead to a published book, curriculum, or program.

Credit Summary	
EACU Required Core	12
Major	12
Research Sequence	12
Total Required	**36**

Suggested Sequence

Year 1
Doctoral Orientation, Advanced Interpretation, Finance, Mental Health

Year 1 to 2
Major courses

Year 2
Literature Review and Proposal, Research Design

Year 2 to 3
Doctoral Project I and II, defense