ENOCH ASCENSION CHRISTIAN UNIVERSITY · HYBRID DUAL DEGREE COMPLETION PLAN

Master of Arts in Biblical Holistic Health + Doctor of Ministry in Biblical Mindset and Mental Health

Catalog Year 2026–2027 · 100% Online · *We don't teach what to think. We awaken truth and walk in love.*

63	2	9	VARK
TOTAL CREDITS	DEGREES EARNED	SHARED CREDITS	FOUR WAYS TO LEARN

Program Overview

The Hybrid Dual Degree pairs the Master of Arts in Biblical Holistic Health with the Doctor of Ministry in Biblical Mindset and Mental Health in one continuous program of 63 credits instead of 72. The Master of Arts in Biblical Holistic Health prepares leaders to design wellness programs and coach behavior change, integrating Scripture, ancient healing traditions, and modern research. The Doctor of Ministry in Biblical Mindset and Mental Health is a professional doctorate for leaders addressing trauma, moral injury, and mental wellness in their communities.

How EACU Is Different

Students study the whole person, body, soul, and spirit, through Scripture, ancient wisdom, and modern research. Every claim is weighed from every side, so students learn to separate what the text states and what research supports from what tradition or trend assumes.

At the doctoral level, EACU students become the ones who walk others through the evidence. Every course requires students to examine a question from every side, then build and defend their own position, and the doctoral project turns that work into something that can be taught, published, or put into practice.

How the dual degree works. Nine doctoral credits count toward both degrees. The master's degree is conferred after the Master's Portion and the Shared Courses are complete (36 credits). The Doctor of Ministry is conferred after the Doctoral Portion is complete (36 doctoral credits, including the shared courses). Students need a completed bachelor's degree to enter.

Please note: This degree prepares students for health education and wellness ministry. It is not medical training and does not lead to licensure or professional certification in any health profession.

Program Outcomes

1. Integrate Scripture and research in wellness practice.
2. Evaluate healing traditions with discernment.
3. Design and assess wellness programs.
4. Evaluate research on faith, trauma, and healing.
5. Address moral injury through spiritual recovery.
6. Build sustainable mental health ministries.

Where This Degree Can Lead

- Director of a mental health ministry or center
- Trainer and consultant to churches
- Author and speaker on mental wellness
- Founder of a faith-based wellness organization

Career paths above are examples only; EACU does not provide job placement or promise employment (Handbook Section 12).

M.A. Biblical Holistic Health + D.Min. Biblical Mindset and Mental Health

Student: _____

Master's Portion — 27 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	FINC 501	Biblical Finance and Stewardship II	3	
☐	MHLT 501	Biblical Mindset and Mental Health II	3	
☐	BIBL 510	The Old Testament in Its Ancient Near Eastern and Second Temple Context	3	
☐	BIBL 520	The New Testament in Its Second Temple and Greco-Roman Context	3	
☐	HLTH 610	Integrative Wellness and Scripture	3	
☐	HLTH 620	Healing Traditions: Scripture, Ancient Texts, and Modern Research	3	
☐	HLTH 630	Wellness Program Design	3	
☐	HLTH 640	Health Coaching and Behavior Change	3	
☐	HLTH 650	Ethics and Scope of Practice in Holistic Health	3	

Shared Courses (count toward both degrees) — 9 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	EACU 800	Doctoral Orientation and Research Methods	3	
☐	BIBL 801	Advanced Interpretation: Rightly Dividing the Word at the Doctoral Level	3	
☐	EACU 880	Literature Review and Research Proposal	3	

Doctoral Portion — 27 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	FINC 801	Organizational Stewardship and Ministry Finance	3	
☐	MHLT 801	Trauma, Forgiveness, and Healing	3	
☐	MHLT 810	Faith, Trauma, and Healing Research	3	
☐	MHLT 820	Moral Injury and Spiritual Recovery	3	
☐	MHLT 830	Building Mental Health Ministries	3	
☐	MHLT 840	Teaching Mental Wellness in the Church and Marketplace	3	
☐	EACU 885	Research Design and Ethics	3	
☐	EACU 890	Doctoral Project I	3	
☐	EACU 891	Doctoral Project II	3	

Suggested Sequence

Year 1	Year 2	Year 3	Year 3 to 4
Master's Portion	Shared Courses; master's degree conferred	Doctoral core and major	Research Design, Doctoral Project, defense

Credit Summary

Master's Portion	27
Shared Courses	9
Doctoral Portion	27
Total Required	**63**