



Master of Arts in Biblical Mindset and Mental Health

Catalog Year 2026–2027 · 100% Online · *We don't teach what to think. We awaken truth and walk in love.*

36 TOTAL CREDITS	12 COURSES	3 CREDITS PER COURSE	VARK FOUR WAYS TO LEARN
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Program Overview

The Master of Arts in Biblical Mindset and Mental Health prepares leaders to integrate faith and mental health care, build trauma-informed ministries, and design mental health programs for churches and communities.

How EACU Is Different

EACU treats mental health as a place where Scripture, research, and lived experience must be heard together. Students examine anxiety, depression, trauma, and spiritual strongholds from every side, learn what the text states and what research shows, and learn when to walk alongside someone and when to refer.

At the graduate level, students weigh the biblical text, ancient witnesses, research, and later interpretation side by side, then build and defend their own position with scholarly rigor while remaining grounded in the foundation of truth.

Required in every EACU degree: Biblical Interpretation (Rightly Dividing the Word), Biblical Finance and Stewardship, and Biblical Mindset and Mental Health. Every course is built with visual, auditory, reading and writing, and hands-on learning.

Please note: This degree prepares students for mental health education, support, and ministry. It does not lead to state licensure or clinical practice.

Program Outcomes

1. Integrate faith and mental health care responsibly.
2. Lead trauma-informed ministry.
3. Design and evaluate mental health programs.
4. Coach others toward mindset renewal and resilience.
5. Complete and defend graduate-level research or an applied project.

Where This Degree Can Lead

- Mental health ministry director
- Faith-based program developer
- Resilience and mindset coach
- Further study in the D.Min. in Biblical Mindset and Mental Health

Admission

A completed bachelor's degree. See Admissions for full requirements.

EACU Required Core			12 credits
CODE	COURSE	CR	TERM COMPLETED
☐ EACU 500	Graduate Orientation and Research	3	
☐ BIBL 501	Biblical Interpretation III: Advanced Rightly Dividing the Word	3	
☐ FINC 501	Biblical Finance and Stewardship II	3	
☐ MHLT 501	Biblical Mindset and Mental Health II	3	

Bible Core			6 credits
CODE	COURSE	CR	TERM COMPLETED
☐ BIBL 510	The Old Testament in Its Ancient Near Eastern and Second Temple Context	3	
☐ BIBL 520	The New Testament in Its Second Temple and Greco-Roman Context	3	

Major: Biblical Mindset and Mental Health			15 credits
CODE	COURSE	CR	TERM COMPLETED
☐ MHLT 610	Integrating Faith and Mental Health Care	3	
☐ MHLT 620	Trauma-Informed Ministry	3	
☐ MHLT 630	Mental Health Program Design for Churches and Communities	3	
☐ MHLT 640	Mindset and Resilience Coaching	3	
☐ MHLT 650	Ethics and Scope of Practice	3	

Capstone		3 credits
CODE	COURSE	CR
☐ MHLT 690	Master's Thesis or Applied Project	3

Students complete either a research thesis or an applied project, such as a program, curriculum, or book manuscript, and defend it before faculty. With advisor approval, one major course may be replaced by a course from the EACU Approved Elective List.

Credit Summary	
EACU Required Core	12
Bible Core	6
Major	15
Capstone	3
Total Required	36

Suggested Sequence			
Term 1 Graduate Orientation, Advanced Rightly Dividing the Word	Term 2 Bible Core, Finance II, Mental Health II	Term 3 Major courses	Term 4 Remaining major courses and Capstone