ENOCH ASCENSION CHRISTIAN UNIVERSITY · DEGREE COMPLETION PLAN

Master of Arts in Biblical Mindset and Mental Health

Catalog Year 2026–2027 · 100% Online · *We don't teach what to think. We awaken truth and walk in love.*

36	12	3	VARK
TOTAL CREDITS	COURSES	CREDITS PER COURSE	FOUR WAYS TO LEARN

Program Overview

The Master of Arts in Biblical Mindset and Mental Health prepares leaders to integrate faith and mental health care, build trauma-informed ministries, and design mental health programs for churches and communities.

How EACU Is Different

EACU treats mental health as a place where Scripture, research, and lived experience must be heard together. Students examine anxiety, depression, trauma, and spiritual strongholds from every side, learn what the text states and what research shows, and learn when to walk alongside someone and when to refer.

At the graduate level, students weigh the biblical text, ancient witnesses, research, and later interpretation side by side, then build and defend their own position with scholarly rigor while remaining grounded in the foundation of truth.

> **Required in every EACU degree:** Biblical Interpretation (Rightly Dividing the Word), Biblical Finance and Stewardship, and Biblical Mindset and Mental Health. Every course is built with visual, auditory, reading and writing, and hands-on learning.

Please note: This degree prepares students for mental health education, support, and ministry. It does not lead to state licensure, professional certification, or clinical practice.

Program Outcomes

1. Integrate faith and mental health care responsibly.
2. Lead trauma-informed ministry.
3. Design and evaluate mental health programs.
4. Coach others toward mindset renewal and resilience.
5. Complete and defend graduate-level research or an applied project.

Where This Degree Can Lead

- Mental health ministry director
- Faith-based program developer
- Resilience and mindset coach
- Further study in the D.Min. in Biblical Mindset and Mental Health

Admission

A completed bachelor's degree. See Admissions for full requirements.

Career paths above are examples only; EACU does not provide job placement or promise employment (Handbook Section 12).

M.A. in Biblical Mindset and Mental Health

Degree Completion Plan · Student: _____

EACU Required Core — 12 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	EACU 500	Graduate Orientation and Research	3	
☐	BIBL 501	Biblical Interpretation III: Advanced Rightly Dividing the Word	3	
☐	FINC 501	Biblical Finance and Stewardship II	3	
☐	MHLT 501	Biblical Mindset and Mental Health II	3	

Bible Core — 6 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	BIBL 510	The Old Testament in Its Ancient Near Eastern and Second Temple Context	3	
☐	BIBL 520	The New Testament in Its Second Temple and Greco-Roman Context	3	

Major: Biblical Mindset and Mental Health — 15 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	MHLT 610	Integrating Faith and Mental Health Care	3	
☐	MHLT 620	Trauma-Informed Ministry	3	
☐	MHLT 630	Mental Health Program Design for Churches and Communities	3	
☐	MHLT 640	Mindset and Resilience Coaching	3	
☐	MHLT 650	Ethics and Scope of Practice	3	

Capstone — 3 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	MHLT 690	Master's Thesis or Applied Project	3	

Students complete either a research thesis or an applied project, such as a program, curriculum, or book manuscript, and defend it before faculty. With advisor approval, one major course may be replaced by a course from the EACU Approved Elective List.

Credit Summary

EACU Required Core	12
Bible Core	6
Major	15
Capstone	3
Total Required	**36**

Suggested Sequence

Term 1
Graduate Orientation, Advanced Rightly Dividing the Word

Term 2
Bible Core, Finance II, Mental Health II

Term 3
Major courses

Term 4
Remaining major courses and Capstone