



Master of Arts in Biblical Counseling + Doctor of Ministry in Biblical Mindset and Mental Health

Catalog Year 2026–2027 · 100% Online · *We don't teach what to think. We awaken truth and walk in love.*

63 TOTAL CREDITS	2 DEGREES EARNED	9 SHARED CREDITS	VARK FOUR WAYS TO LEARN
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Program Overview

The Hybrid Dual Degree pairs the Master of Arts in Biblical Counseling with the Doctor of Ministry in Biblical Mindset and Mental Health in one continuous program of 63 credits instead of 72. The Master of Arts in Biblical Counseling deepens counseling knowledge and skill through counseling theory, case conceptualization, trauma-informed care, and group care. The Doctor of Ministry in Biblical Mindset and Mental Health is a professional doctorate for leaders addressing trauma, moral injury, and mental wellness in their communities.

How EACU Is Different

EACU counseling courses bring Scripture, research, and real human stories together. Students examine trauma, attachment, grief, and spiritual warfare from every side, including what Scripture states, what research shows, and where the two meet, and they learn when care should be referred to licensed professionals.

At the doctoral level, EACU students become the ones who walk others through the evidence. Every course requires students to examine a question from every side, then build and defend their own position, and the doctoral project turns that work into something that can be taught, published, or put into practice.

How the dual degree works. Nine doctoral credits count toward both degrees. The master's degree is conferred after the Master's Portion and the Shared Courses are complete (36 credits). The Doctor of Ministry is conferred after the Doctoral Portion is complete (36 doctoral credits, including the shared courses). Students need a completed bachelor's degree to enter.

Please note: This degree prepares students for counseling within ministry, church, and community settings. It does not lead to state licensure as a professional counselor or therapist.

Program Outcomes

1. Evaluate major counseling theories through a biblical lens.
2. Develop case conceptualizations and care plans.
3. Provide trauma-informed care within ministry settings.
4. Evaluate research on faith, trauma, and healing.
5. Address moral injury through spiritual recovery.
6. Build sustainable mental health ministries.

Where This Degree Can Lead

- Director of a mental health ministry or center
- Trainer and consultant to churches
- Author and speaker on mental wellness
- Founder of a faith-based wellness organization

Master's Portion

27 credits

CODE	COURSE	CR	TERM COMPLETED
☐ FINC 501	Biblical Finance and Stewardship II	3	
☐ MHLT 501	Biblical Mindset and Mental Health II	3	
☐ BIBL 510	The Old Testament in Its Ancient Near Eastern and Second Temple Context	3	
☐ BIBL 520	The New Testament in Its Second Temple and Greco-Roman Context	3	
☐ COUN 610	Theories of Counseling Through a Biblical Lens	3	
☐ COUN 620	Counseling Techniques and Case Conceptualization	3	
☐ COUN 630	Trauma-Informed Biblical Counseling	3	
☐ COUN 640	Group and Community Care	3	
☐ COUN 650	Ethics, Law, and Scope of Practice	3	

Shared Courses (count toward both degrees)

9 credits

CODE	COURSE	CR	TERM COMPLETED
☐ EACU 800	Doctoral Orientation and Research Methods	3	
☐ BIBL 801	Advanced Interpretation: Rightly Dividing the Word at the Doctoral Level	3	
☐ EACU 880	Literature Review and Research Proposal	3	

Doctoral Portion

27 credits

CODE	COURSE	CR	TERM COMPLETED
☐ FINC 801	Organizational Stewardship and Ministry Finance	3	
☐ MHLT 801	Trauma, Forgiveness, and Healing	3	
☐ MHLT 810	Faith, Trauma, and Healing Research	3	
☐ MHLT 820	Moral Injury and Spiritual Recovery	3	
☐ MHLT 830	Building Mental Health Ministries	3	
☐ MHLT 840	Teaching Mental Wellness in the Church and Marketplace	3	
☐ EACU 885	Research Design and Ethics	3	
☐ EACU 890	Doctoral Project I	3	
☐ EACU 891	Doctoral Project II	3	

Suggested Sequence

Year 1 Master's Portion	Year 2 Shared Courses; master's degree conferred	Year 3 Doctoral core and major	Year 3 to 4 Research Design, Doctoral Project, defense
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Credit Summary

Master's Portion	27
Shared Courses	9
Doctoral Portion	27
Total Required	63