ENOCH ASCENSION CHRISTIAN UNIVERSITY · DEGREE COMPLETION PLAN

Bachelor of Arts in Biblical Counseling

Catalog Year 2026–2027 · 100% Online · *We don't teach what to think. We awaken truth and walk in love.*

120	40	3	VARK
TOTAL CREDITS	COURSES	CREDITS PER COURSE	FOUR WAYS TO LEARN

Program Overview

The Bachelor of Arts in Biblical Counseling prepares students to walk with people through pain, crisis, and change using Scripture and sound helping skills. Students study human development, relationships, trauma, grief, and forgiveness, and practice the skills of a caring, ethical helper in ministry settings.

How EACU Is Different

EACU counseling courses bring Scripture, research, and real human stories together. Students examine trauma, attachment, grief, and spiritual warfare from every side, including what Scripture states, what research shows, and where the two meet, and they learn when care should be referred to licensed professionals.

Every EACU degree walks students through the evidence from every side and asks them to reach, write, and defend their own conclusions, while remaining grounded in the foundation of truth. Students learn to distinguish what the biblical text states, what ancient and later traditions add, and what interpreters have concluded.

> **Required in every EACU degree:** Biblical Interpretation (Rightly Dividing the Word), Biblical Finance and Stewardship, and Biblical Mindset and Mental Health. Every course is built with visual, auditory, reading and writing, and hands-on learning.

Please note: This degree prepares students for counseling within ministry, church, and community settings. It does not lead to state licensure or professional certification, including as a professional counselor or therapist.

Program Outcomes

1. Apply biblical principles and helping skills in counseling conversations.
2. Explain human development, attachment, and relationship patterns.
3. Recognize the effects of trauma and abuse and respond with care.
4. Practice ethical boundaries and appropriate referral.
5. Integrate forgiveness and healing into counseling ministry.

Where This Degree Can Lead

- Lay or pastoral counselor in a church or ministry
- Care ministry or support group leader
- Community outreach and recovery ministry
- Further study in the M.A. in Biblical Counseling

Admission

A high school diploma or equivalent. See Admissions for full requirements.

Career paths above are examples only; EACU does not provide job placement or promise employment (Handbook Section 12).

General Education — 36 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	ENGL 101	Composition I	3	
☐	ENGL 102	Composition and Research Writing	3	
☐	COMM 101	Speech Communication	3	
☐	MATH 110	Quantitative Reasoning	3	
☐	SCIE 110	Introduction to Natural Science	3	
☐	HIST 110	Ancient Civilizations of the Near East and Africa	3	
☐	HIST 210	African American Religious History	3	
☐	PSYC 101	Introduction to Psychology	3	
☐	SOCI 101	Introduction to Sociology	3	
☐	HUMN 110	Literature and Sacred Texts	3	
☐	PHIL 110	Critical Thinking and Logic	3	
☐	TECH 110	Digital Literacy and AI	3	

EACU Required Core — 15 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	EACU 100	EACU Orientation: Learning to Think for Yourself	3	
☐	BIBL 101	Biblical Interpretation I: Rightly Dividing the Word	3	
☐	FINC 101	Biblical Finance and Stewardship I	3	
☐	MHLT 101	Biblical Mindset and Mental Health I	3	
☐	RELG 201	Comparative Religions and Worldviews	3	

Bible and Ancient Texts Core — 15 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	BIBL 201	Old Testament Survey and Ethiopian Canon	3	
☐	BIBL 202	New Testament Survey, Canon Formation, and Christian Origins	3	
☐	BIBL 301	Biblical Interpretation II: Hebrew and Greek Tools	3	
☐	BIBL 302	Second Temple Literature: Enoch, Jubilees, and Maccabees	3	
☐	THEO 201	Theology Survey	3	

Suggested Sequence

Year 1
Orientation, Rightly Dividing the Word, General Education

Year 2
Bible and Ancient Texts Core, Finance, Mental Health, Comparative Religions

Year 3
Major courses and electives

Year 4
400-level courses and Capstone

Major: Biblical Counseling — 30 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	COUN 310	Foundations of Biblical Counseling	3	
☐	COUN 320	Issues in Counseling: Crisis, Transitions, and Spiritual Warfare	3	
☐	COUN 330	Counseling Skills and the Helping Relationship	3	
☐	COUN 340	Attachment, Relationships, and Healing	3	
☐	COUN 350	Human Development Across the Lifespan	3	
☐	COUN 360	Trauma, Abuse, and the Path to Healing	3	
☐	COUN 370	Biblical Sexuality and Wholeness	3	
☐	COUN 380	Marriage and Family Foundations	3	
☐	COUN 410	Grief, Loss, and Forgiveness	3	
☐	COUN 420	Ethics, Boundaries, and Referral in Counseling Ministry	3	

Electives — 21 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	ELEC	Elective 1	3	
☐	ELEC	Elective 2	3	
☐	ELEC	Elective 3	3	
☐	ELEC	Elective 4	3	
☐	ELEC	Elective 5	3	
☐	ELEC	Elective 6	3	
☐	ELEC	Elective 7	3	

How to choose electives. Students select 7 courses with their academic advisor from the **EACU Approved Elective List**, updated each term. The list includes courses from every EACU major and courses taught by approved guest instructors. Up to 15 elective credits may be used toward a minor in another EACU field, and approved transfer credit may also count toward electives. Suggested: Biblical Mindset and Mental Health, Deliverance, Marriage and Family, Coaching.

Capstone — 3 credits

	CODE	COURSE	CR	TERM COMPLETED
☐	COUN 490	Capstone Project	3	

Students complete a case study project that applies Scripture, research, and counseling skills to a realistic situation, including an appropriate referral plan.

Credit Summary

General Education	36
EACU Required Core	15
Bible and Ancient Texts Core	15
Major	30
Electives	21
Capstone	3
Total Required	**120**