ENOCH ASCENSION CHRISTIAN UNIVERSITY · DEGREE COMPLETION PLAN

# Bachelor of Arts in Biblical Life and Leadership Coaching

Catalog Year 2026–2027 · 100% Online · *We don't teach what to think. We awaken truth and walk in love.*

| 120 | 40 | 3 | VARK |
|---|---|---|---|
| TOTAL CREDITS | COURSES | CREDITS PER COURSE | FOUR WAYS TO LEARN |

## Program Overview

The Bachelor of Arts in Biblical Life and Leadership Coaching equips students to help people clarify their calling, set goals, and grow in life, leadership, and business. Students learn core coaching skills, practice life, leadership, mindset, and business coaching, and prepare to build a coaching practice.

## How EACU Is Different

Students learn coaching by practicing it. Every model is examined from every side, weighing what Scripture says about purpose, calling, and growth alongside proven coaching methods, so graduates develop their own coaching approach rather than copying someone else's.

Every EACU degree walks students through the evidence from every side and asks them to reach, write, and defend their own conclusions, while remaining grounded in the foundation of truth. Students learn to distinguish what the biblical text states, what ancient and later traditions add, and what interpreters have concluded.

> **Required in every EACU degree:** Biblical Interpretation (Rightly Dividing the Word), Biblical Finance and Stewardship, and Biblical Mindset and Mental Health. Every course is built with visual, auditory, reading and writing, and hands-on learning.

**Please note:** Coaching is distinct from counseling and therapy. Students learn the boundary between them and when to refer. This degree does not lead to state licensure or professional certification, including as a counselor or therapist.

## Program Outcomes

1. Apply core coaching skills of listening, questioning, and feedback.
2. Coach others in life, leadership, mindset, and business.
3. Integrate biblical purpose and calling into coaching.
4. Maintain ethical boundaries and refer when needed.
5. Launch and manage a coaching practice.

## Where This Degree Can Lead

- Life, leadership, or business coach
- Ministry coaching program leader
- Mentor and personal development trainer
- Further study in the M.A. in Biblical Life and Leadership Coaching

## Admission

A high school diploma or equivalent. See Admissions for full requirements.

Career paths above are examples only; EACU does not provide job placement or promise employment (Handbook Section 12).

## B.A. in Biblical Life and Leadership Coaching

Degree Completion Plan · Student: _____

### General Education — 36 credits

| | CODE | COURSE | CR | TERM COMPLETED |
|---|---|---|---|---|
| ☐ | ENGL 101 | Composition I | 3 | |
| ☐ | ENGL 102 | Composition and Research Writing | 3 | |
| ☐ | COMM 101 | Speech Communication | 3 | |
| ☐ | MATH 110 | Quantitative Reasoning | 3 | |
| ☐ | SCIE 110 | Introduction to Natural Science | 3 | |
| ☐ | HIST 110 | Ancient Civilizations of the Near East and Africa | 3 | |
| ☐ | HIST 210 | African American Religious History | 3 | |
| ☐ | PSYC 101 | Introduction to Psychology | 3 | |
| ☐ | SOCI 101 | Introduction to Sociology | 3 | |
| ☐ | HUMN 110 | Literature and Sacred Texts | 3 | |
| ☐ | PHIL 110 | Critical Thinking and Logic | 3 | |
| ☐ | TECH 110 | Digital Literacy and AI | 3 | |

### EACU Required Core — 15 credits

| | CODE | COURSE | CR | TERM COMPLETED |
|---|---|---|---|---|
| ☐ | EACU 100 | EACU Orientation: Learning to Think for Yourself | 3 | |
| ☐ | BIBL 101 | Biblical Interpretation I: Rightly Dividing the Word | 3 | |
| ☐ | FINC 101 | Biblical Finance and Stewardship I | 3 | |
| ☐ | MHLT 101 | Biblical Mindset and Mental Health I | 3 | |
| ☐ | RELG 201 | Comparative Religions and Worldviews | 3 | |

### Bible and Ancient Texts Core — 15 credits

| | CODE | COURSE | CR | TERM COMPLETED |
|---|---|---|---|---|
| ☐ | BIBL 201 | Old Testament Survey and Ethiopian Canon | 3 | |
| ☐ | BIBL 202 | New Testament Survey, Canon Formation, and Christian Origins | 3 | |
| ☐ | BIBL 301 | Biblical Interpretation II: Hebrew and Greek Tools | 3 | |
| ☐ | BIBL 302 | Second Temple Literature: Enoch, Jubilees, and Maccabees | 3 | |
| ☐ | THEO 201 | Theology Survey | 3 | |

### Suggested Sequence

**Year 1**
Orientation, Rightly Dividing the Word, General Education

**Year 2**
Bible and Ancient Texts Core, Finance, Mental Health, Comparative Religions

**Year 3**
Major courses and electives

**Year 4**
400-level courses and Capstone

## Major: Biblical Life and Leadership Coaching — 30 credits

| | CODE | COURSE | CR | TERM COMPLETED |
|---|---|---|---|---|
| ☐ | COAC 310 | Foundations of Biblical Coaching | 3 | |
| ☐ | COAC 320 | Coaching Skills: Listening, Questions, and Feedback | 3 | |
| ☐ | COAC 330 | Life Coaching: Purpose, Calling, and Goals | 3 | |
| ☐ | COAC 340 | Leadership Coaching | 3 | |
| ☐ | COAC 350 | Mindset Coaching and the Renewed Mind | 3 | |
| ☐ | COAC 360 | Business and Entrepreneurship Coaching | 3 | |
| ☐ | COAC 370 | Relationship and Family Coaching | 3 | |
| ☐ | COAC 380 | Coaching Ethics and the Coaching and Counseling Boundary | 3 | |
| ☐ | COAC 410 | Building a Coaching Practice | 3 | |
| ☐ | COAC 420 | Coaching Practicum | 3 | |

## Electives — 21 credits

| | CODE | COURSE | CR | TERM COMPLETED |
|---|---|---|---|---|
| ☐ | ELEC | Elective 1 | 3 | |
| ☐ | ELEC | Elective 2 | 3 | |
| ☐ | ELEC | Elective 3 | 3 | |
| ☐ | ELEC | Elective 4 | 3 | |
| ☐ | ELEC | Elective 5 | 3 | |
| ☐ | ELEC | Elective 6 | 3 | |
| ☐ | ELEC | Elective 7 | 3 | |

**How to choose electives.** Students select 7 courses with their academic advisor from the **EACU Approved Elective List**, updated each term. The list includes courses from every EACU major and courses taught by approved guest instructors. Up to 15 elective credits may be used toward a minor in another EACU field, and approved transfer credit may also count toward electives. Suggested: Kingdom Business, Kingdom Leadership, Mental Health, Holistic Health.

## Capstone — 3 credits

| | CODE | COURSE | CR | TERM COMPLETED |
|---|---|---|---|---|
| ☐ | COAC 490 | Capstone Project | 3 | |

Students complete supervised coaching hours and present a portfolio documenting their coaching model and client growth.

## Credit Summary

| | |
|---|---|
| General Education | 36 |
| EACU Required Core | 15 |
| Bible and Ancient Texts Core | 15 |
| Major | 30 |
| Electives | 21 |
| Capstone | 3 |
| **Total Required** | **120** |